

ST. MARY OF THE VISITATION PARISH



16 Cooper Street,
Cambridge, Ontario N3C 2N2

519-658-4443

stmarycambridge@hamiltondiocese.com

www.stmaryhespeler.ca

Rev. David Reitzel, Pastor dreitzel@hamiltondiocese.com

Mr. Jangho Hong, Seminarian

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Rosanne Nusca, Administrative Assistant

Mrs. Ruth Ann Milne, Office Assistant

SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

Children's Liturgy runs during the 11:00 a.m.

Mass for children in Kindergarten to Grade 2

WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

PRAYING THE ROSARY

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-658-9414.

OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

NEW PARISHIONERS

Please register through our parish website or by completing a form located at the parish entrances.

SACRAMENT OF RECONCILIATION

Tuesday – Friday 15 minutes prior to Mass

Saturday 4:00 p.m. to 4:45 p.m. or
by appointment.

SACRAMENT OF BAPTISM

Please contact the parish office to begin the process of preparing your child and family for this Sacrament.

SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date of marriage in order to begin preparations.

PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father David would be most willing to visit.

ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

FOURTH SUNDAY OF LENT

Date	Time	Mass Intentions	Requested by
No Weekday Mass			
Saturday, March 21	5:00 PM	+ Ellen Dietrich + Helena de Freitas Chaves & Family + Jacques Harrison Intentions of Angela and Don Heintz Intentions of Javier Cristancho	Angela Heintz Carmen and Tony Chaves The Fernandez Family Dorothy Gunther Javier Cristancho
Sunday, March 22	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	

COFFEE SUNDAY: Join us this weekend, **March 14th & 15th**, following ALL Masses, for coffee, juice and treats.

MARCH BREAK: Father David will be attending a retreat this week, **March 16th – 20th**. In his absence there will be **no weekday masses**.

Office Hours: The parish office will be closed on Monday, March 16th and Tuesday, March 17th. There will be regular office hours Wednesday through Friday. *Have a fun and safe March Break!*

HOLY WEEK & EASTER SCHEDULE: Please see the bulletin insert this weekend for the full Mass schedule. **Volunteers needed:** Altar Servers, Ministers of Communion, Ushers and Lectors are invited to sign up to serve at Mass on Holy Thursday, Good Friday, Easter Vigil and Easter Sunday. Please sign up online or contact the office.

FIRST RECONCILIATION 2026: Thursday, March 26th and Friday, March 27th. Parents can sign up online for a date and time: <https://www.stmaryhespeler.ca/date-registration>

LENT Pray + Fast + Give

STATIONS OF THE CROSS: Fridays at 7:00 p.m., followed by Adoration of the Blessed Sacrament until 8:00 p.m. and concluding with Benediction.

CONFESSION TIMES DURING LENT:

Tuesdays: 6:30 p.m. – 6:55 p.m.
Saturdays: 4:00 p.m. – 4:45 p.m.
Saturday, March 28: 10:00 a.m. – 11:00 a.m.
Wednesday, April 1: 8:30 a.m. – 9:30 a.m.
Thursday, April 2: 8:00 p.m. – 9:00 p.m.
April 3 (*Good Friday*): 11:00 a.m. – 1:00 p.m.
Please note: No Confession on Holy Saturday

Could you not watch one hour with Me?

During this Lenten Season we invite you to spend time with Jesus in Eucharistic Adoration. Jesus is waiting for you in this Sacrament of Love. There are several time slots still available. Please call Frank or Sheila for more information (519) 658-9414.

FORMED: Journey through Lent with one of the enriching programs available on FORMED. *New to FORMED?* Go to <https://formed.org/signup> and type **St Mary of the Visitation Cambridge** to find and select our Parish. Provide your name and email address and "Sign Up".



SOLEMNITY OF SAINT JOSEPH: On **Thursday, March 19th** we celebrate Saint Joseph's feast day. St. Joseph, the husband of Mary and the foster father of Jesus, is the patron of our nation Canada and patron of the Universal Church. Fr. David is away and there is no Mass at St. Mary's. Please visit St. Ambrose Parish at 8:00 a.m., St. Gregory Parish at 8:15 a.m. or St. Patrick Parish at 5:00 p.m. for Mass and to honour **St. Joseph**.



THE ANNUNCIATION OF THE LORD: On **Wednesday, March 25th** (9 months before Christmas) we celebrate the feast day of the Annunciation of our Lord. This feast marks the moment when Mary said YES to the Angel Gabriel and became the mother of our Saviour. **Join us for Mass at 7:00 p.m.**
NOTE: There will be no 8:00 a.m. Mass on this day.

SAVE THE DATE! We will be celebrating Father David's 10th Anniversary of Ordination on **Sunday, May 3rd** with Mass at 11:00 a.m. followed by a lunch reception at 12:30 p.m. Tickets for the reception will be sold after all Masses next weekend, March 21st and 22nd. \$25/ticket which includes a catered lunch. Cash or cheque only. Remaining tickets will be sold online starting March 24th. Please note, due to limited space, tickets for the reception are limited.

EASTER FLORAL TRIBUTES: Remember your loved ones this Easter with a Floral Tribute. All donations will be put toward our Easter decorations. During the Easter season, the names of your loved ones will be placed by the Altar and remembered at all Masses. *Forms are available at the church entrances.*

MASS OF CHRISM: Each year during Holy Week the priests of the Diocese gather to celebrate the Mass of Chrism. At this Mass, Bishop Dabrowski will bless the oils that will be used in the celebration of the Sacraments for the coming year and the priests will renew the promises they made at their ordination. This Mass will be celebrated on **Monday, March 30 at 2:00 p.m.** at the Cathedral Basilica of Christ the King, 714 King Street West in Hamilton. All are welcome.



This Lent, please give generously Solidarity Sunday is next week, **Sunday, March 22nd**. Development and Peace — Caritas Canada's '**On Track for Justice**' campaign invites you to give generously and thanks you warmly for your generosity.

Your donation transforms the lives of some of our most vulnerable sisters and brothers across the world. "Our longstanding partnership with Development and Peace — Caritas Canada is very important to us. It allows us to promote economic alternatives to mining and industrial agriculture, thereby strengthening local economies and agroecology. Your contributions help change the reality of communities here and make a difference for many other organizations around the world." — *Mikaell Carvalho, Coordinator, Justiça nos Trilhos, Brazil.*

Help create hope for and fulfil the dreams of the communities we support in the Global South by giving to your Share Lent parish collection or online at devp.org/give. Envelopes are available in your offertory boxes and at the entrances of the church. A special letter from Bishop Joseph Dabrowski is also included in the bulletin this weekend.

VOCATIONS: "But the one who drinks of the water that I will give will never be thirsty." Do you thirst to know where God is leading you? Could you be thirsty for an understanding of your purpose? If God is calling you to serve Him as a priest, deacon, brother or sister, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988. Email: vocations@hamiltondiocese.com
Visit: www.hamiltondiocese.com/vocations/

PARISH OFFERINGS for March 7/8, 2026

Sunday Envelopes: \$ 2,953.40

PRE-AUTHORIZED GIVING for MARCH 2026

Sunday Offerings: \$ 5,672.00

Building Fund: \$ 1,040.00

Your continued financial support is greatly appreciated.

THE JOURNEY CONTINUES - THE SYNOD ON SYNODALITY:

The Synod on Synodality is not over! The Universal Church has entered the "Implementation Phase" (2025-2028), inviting a careful reading of the final document of the Synodal journey to help shape a more listening, participatory church. You are encouraged to read the final document of the Synod on Synodality, described by Pope Francis as a 'Gift to the People of God.' Learn how we can better walk together in communion, participation, and mission. Access it at www.synod.va.



HAMILTON DIOCESE WEBSITE: Be sure to visit the Diocesan website for important updates, events, and resources:

<https://hamiltondiocese.com>

THE REEL JUSTICE FILM FESTIVAL: Join us for our March screening of **Living on One Dollar**. Four college students from the United States travelled to rural Guatemala to live on just \$1 a day for two months. They battled hunger, parasites, and the realization that there are no easy answers to solving extreme poverty. Yet, the generosity and strength of their neighbours left them with a resilient optimism. \$56 for 56 days, how would you survive? There is no discussion with this screening. Watch the film anytime once you receive the link on **March 26th!** Registration required. Register and view our full schedule at: <https://hamiltondiocese.com/reel-justice-film-festival/>.

ST. AGNES EDUCATION CAFE: In our noisy world, many voices compete for our attention. We are called to go to that quiet place in prayer where God speaks to us. Do we listen? And act? Come away from the noise & join us for the next St. Agnes Education Cafe: "*God speaks - are we listening? Overcoming Spiritual Deafness.*" Join us on **Sunday, March 29th, 2:00 p.m. - 3:30 p.m.**, St. Agnes Parish, 75 Bluevale Street N., Waterloo with Fr. Raphael Ma, Associate Pastor of St. Mary's, Kitchener. www.saintagnescatholicchurch.org

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